

## SPIRITUAL DISCONNECTION

As human beings made in the image of God, we have the capacity to sense God and connect to God. This is the faculty of God-consciousness. It is part of who we are as humans, as spiritual beings, but because we live in a secular society it is a faculty we have often ignored or failed to nurture. Consequently, the problem for many is that we have lost this vital life-giving connection with our Creator. If this is so we can feel adrift on the sea of humanity, disconnected from the Ground of our Being, with no anchor to stabilise us or compass to guide us, tossed helplessly and mercilessly on the sea of life. Something is missing. There is an inner void. That part of us which was designed to be inhabited by the Spirit of God is vacant. We feel lost, empty on the inside, disconnected, and devoid of spiritual vitality.

We are like a house wired for electricity but not connected to the mains supply. Our appliances won't work. Our TV set is dead. The pictures and sound are being transmitted through the airwaves, but we are not receiving them. We are not connected. We have the spiritual apparatus but are not tuned in or turned on. So we are missing spiritual life.

The Gospel message is that Jesus Christ came to reconnect us to God. He said 'I have come to give you life to the full.' (John 10v10) In speaking about this spiritual life he used the analogy of life-giving water for thirsty travellers. He said 'If anyone is thirsty let him come to me and drink, and out of his innermost being will flow rivers of living water.' (John 7v37,38) To those who feel they are 'running on empty' we echo his invitation to reach out to Christ in a personal way. His arms are already outstretched reaching out to you.

For the Christian, spiritual life is not only about sacramental observance but a living connection to Jesus Christ through faith. This living connection to God links us to his energy and divine power supply. The Spirit of God takes up residence inside us and gives us a source of power outside of ourselves. The lights go on and life starts to work for us. The inner pain diminishes and we can find joy in living again.

(For those who would like to explore developing this live connection to God we encourage you to participate in an Alpha Course or Life in the Spirit Seminar or similar).